



A member of
The Association
of Junior Leagues
International Inc.

VOLUME 43 ISSUE 3

OCTOBER 2006

League Log

Women Building Better Communities

*See you
following the
October GMM
at Monica's
324 East 4th St.
Waterloo*

General Membership

Meeting

Monday, October 2

Westminster Presbyterian
Church, Waterloo

6:45 p.m. Networking
7:00 p.m. Meeting

Location of Social Gathering
following GMM: Monica's

What's

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JUNIOR LEAGUE PARTICIPATES IN "TASTE OF HOME" COOKING SCHOOL

The Junior League raised over \$600 through sales of the *First Impressions* cookbook at the KWWL "Taste of Home" Cooking School held Friday, September 9, 2006. JL members treated attendees to samples of Caramel Peanut Bars, Texas Caviar, Five Pound Fudge and Herbed Cheese Spread during the exposition prior to the popular cooking school. Cookbook sales were swift after guests tasted these delicious treats. The exposition was also a great opportunity to highlight our mission to a larger audience.

KWWL offered Junior League a complimentary vendor booth in exchange for Junior League helping KWLL prepare for the cooking school. Several Junior League members stuffed gift bags on Thursday, September 8 so that we could have a complimentary booth. Thanks to KWLL for partnering with us for this fun event.

Thanks to Daphne Bannon, who coordinated this event, all of the volunteers and members who cooked for making Junior League's participation in this event possible and also a success. What a great way to start off the year!

Dodie Young,
Deb Young and Julie
Etheredge show off
their wares at the
cooking school.



2006-07 Leadership Team

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Shanlee McNally

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Maisie Bovy

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Nicole Knudtson

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Kris Ross

FUND DEVELOPMENT COUNCIL

Vice President

Christa Miede

MARKETING DEVELOPMENT COUNCIL

Vice President

Rachel Ford

MEMBERSHIP DEVELOPMENT COUNCIL

Vice President

Christie Wood

DIRECTOR AT LARGE

Sally Hollis

SUSTAINER REPRESENTATIVE

Liz Conklin

COMMUNITY ADVISORS

Anna Smith

Kathy Flynn

Bringing in the harvest...

I live on a farm south of Waterloo and this is one of my favorite times of year. Not because the nights are getting cooler and trees are changing color, but because of the sounds. Harvest has begun. There is a hum in the air. The sound of machines running; combines in the fields, trucks on the roads and grain being stored fill the days and nights. It is a sound that comforts me and reminds me of all the work being done around me.



President Shanlee McNally

I feel much the same way about League this time of year. There is a hum in the air of committees working, friendships growing and progress being made. It reminds me of all the hard work that has happened over the last few months:

*The Cookbook committee organized another successful booth at the College Hill Arts Festival in July. Our membership cooked and worked the booth and we raised \$1,000 to help further our mission.

*The Fall Fundraising Committee has already secured several sponsors and fantastic prizes. Twas the Month before Christmas promises to be a night to remember on November 2, 2006.

*Charity Ball Committee has selected a location, a band, and a theme- Viva, Las Vegas! They are hard at work to make the night of February 17, 2007 truly special.

*The New Member (Recruitment/Provisional) committee has held their first two successful meetings. They have an exciting year planned as a new group of women learn about and become part of our League.

*Fund Development held a well-attended entire council retreat to kick off the year.

*Nominating Placement had a great Placement Week in September.

*Training & Ed has scheduled an entire year of wonderful learning and enrichment opportunities.

*The Enabling Fund gave away the first round of grant dollars in September.

*Arrangements had a phenomenally well attended after hours!

*League Log has already published two great issues-with only two committee members!

That's a lot of work and we don't have space to mention it all! Our League is working like a well oiled machine. We still have work to do, but in the months ahead we will begin to feel the benefits of our labors as we harvest our success and make our Mission Possible.

Enabling Funds

We are now accepting Enabling Fund Grant requests. Grants of up to \$500 will be awarded during the 2006-2007 year to organizations with specific, immediate needs. Application deadlines are September 15 and October 13, 2006 and January 12 and March 9, 2007. For more information and an Enabling Fund Grant application, go to the Junior League website at www.jlwc.org or call the Junior League office at 319-232-8687.

AD HOC COMMITTEE

Come one, come all! In the Strategic Plan, our League has been set forth with the task to "revise the project selection process to ensure it is based on community needs assessment." Community Impact is currently in the process of gathering an Ad-hoc committee to begin the revision process. If you are interested in helping with this process or would like more information about it, please contact Kris Ross at 266-3861 or kfogelross@cfu.net.

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It's time to clean out those closets!

We are collecting women's clothing for the October DIAD project. Your generosity will benefit a program that is coordinated by several local churches, and is based out of First Presbyterian Church on Franklin St. in Waterloo. Queen of Peace, House of Hope, students attending Hawkeye Community College, and several other people benefit from the program. Not only does the program provide women with job interview clothing, but if the women get the job, they can come back for a wardrobe for each day of the week. Gale Quirk, who helps with the program, said that they also assist women in developing interview skills and resumes.



Just think of what a difference we could make if we each brought just one item of clothing! Clothing can be brought to the October GMM, dropped off at the JL office, or contact Mandy at 233-1902 to make arrangements.



Community Impact

Information for our Members



SAVE THE DATE FOR "T'WAS THE MONTH BEFORE CHRISTMAS" Thursday, November 2, 2006



Mark your calendars for the second annual Junior League "Twas the Month Before Christmas" fundraiser. It will be held Thursday, November 2, 2006, at the Waterloo Center for the Arts beginning at 5:00 p.m.

The event will feature a style show by Jennifer's on Main and the Victoria Room. Local vendors will once again start off your holiday shopping by offering their goods and services, and there will be appetizers and a cash bar. It's a wonderful ladies night out to get ready for the holidays and to raise money for Junior League!

Junior League members can earn work points and cooking points by helping with the event. In addition, if you are or know of any type of vendor that would be interested in purchasing a table for that evening to display their merchandise please contact the event co-chairs: Heather Solomon: 988-9851, heatherslmm@yahoo.com or Megan Fereday: 232- 4344, mfereday@hotmail.com.

Discount offer for members...



SPANX is thrilled to announce a unique opportunity to raise funds for our Junior League while also offering our members a fantastic discount on all SPANX innovative shapewear, hosiery, slimming apparel and other products.

The Facts

- *Our Junior League's promotional code is Waterloo.
- *This promotional code is valid for a 20% discount on an entire online order (not just one item) for the month of October, 2006. There is no minimum purchase amount.
- *To order, go to www.Spanx.com, select your merchandise and then type in your promotional code in the space provided on the last page of checkout at Spanx.com. This discount is valid only at Spanx.com and cannot be used in retail stores or other Web sites, so that Spanx can donate the correct amount back to our Junior League.
- *Don't keep it a secret! Share our League's discount code with family, friends and co-workers. For every order they place with the Waterloo code, \$5 will be donated to our League.
- *Discount period is one month only from October 1-31, 2006.

We hope you will take advantage of this great offer to make some extra cash for our League's projects and programs.

PROJECT POINTS

Don't forget that Junior League is in our 2nd year of a two-year commitment to the Waterloo Center for the Arts Youth Pavilion. To help us fulfill our commitment, every active Member needs to earn three Project Points. Point opportunities and points earned will be posted on the JL website. In addition, all point opportunities will be presented at GMM.

Jennifer Tjaden (266-4989) will again be acting as the Project Liaison. Please contact Jen about all point issues.

Current Opportunities:

Become a New Member Mentor. The New Member Committee is currently looking for Active Members who are willing to mentor new members for the 2006-07 League year, see Amy Roling or Tara Witham about requirements for this opportunity.

We are awaiting point opportunities from the WCA. You will be updated as we receive information. If you wish, points may be earned by working in the gift shop at anytime during the year.

Calling All Actives...We Need Your Help!

New Member Mentor Program

Please sign up to be a mentor to a new member at October's GMM or contact Amy Roling or Tara Witham, New Member Co-Chairs. We hope you will take this exciting opportunity to meet a new JL Member by participating in a few encounters and phone calls with them. We are hoping this innovative program helps our NEW members feel welcomed and connected to JL. This opportunity will also provide each active who participates

1 project point. Thank You!

SUSTAINER NOTES

In our recent recognition of Golden Rose winner Karen Mukai, we inadvertently omitted an extremely important aspect of her volunteer involvement in the Cedar Valley.

Karen served as co-director of the College Hill Arts Festival for nine years (from 1995 - 2003). Under her leadership, the Festival became one of the premier summer arts festivals in Iowa as well as the country. Throughout her years in this leadership capacity, she also was serving as a mentor to the many volunteers working on the various committees. While serving as co-director of the Festival, Karen also was a full-time employee of the Waterloo Community Schools as librarian/media specialist at West High School.

Upon retiring from the College Hill Arts Festival as co-director, she spent innumerable hours compiling/writing the 25-year history of the Festival, which was completed this spring, and is archived in the Rod Library on the UNI campus. She continues to serve in an on-going advisory capacity for the Festival.

Congratulations, Karen!

October Birthdays:

- 1 - Gloria Congdon (A)
- 1 - Anne Hennessey (A)
- 4 - Rachel Ford (A)
- 7 - Susan Considine (A)
- 11 - Jennifer Tjaden (A)
- 21 - Lisa Opheim (A)
- 26 - Heather Solomon (A)
- 28 - Amy Tomlyanovich (A)
- 29 - Laura Buser (A)



It's not too late...

If you have any other potential new members you'd like to invite to join Junior League this year, please contact Amy Roling at amroling@hotmail.com or Tara Witham at tboyles28@yahoo.com.

Membership:

63 Active
 1 Leave of Absence
 1 Active Non-Resident
 65 Total Members

236 Sustainer
 17 Emeritus
 253 Total Sustainer Members

Address Changes

- **Stephanie Wharton (Schmitt)**
 ● 2205 Casper Avenue
 ● Waterloo, IA 50701
 ● stephanie184@hotmail.com

- **Chris Nelson (S)**
 ● 408 Kingbard Blvd.
 ● Waterloo, IA 50701
 ● christineanelson@mchsi.com
 ● Business: 233-8060

- **Jennifer Venenga**
 ● 301 M Avenue
 ● Grundy Center, IA 50638

- **Melissa Steggall-Braun**
 ● 304 Fredrick Ave.
 ● Waterloo, IA 50701
 ● 232-3792



COOK'S CORNER

There are several opportunities this fall to sell First Impressions. Please contact Dodie Young at 833-8443 or mryoung76@hotmail.com if you are interested in participating in the following events.

- | | |
|---------------|---|
| October 21-22 | UNI Craft Show |
| October 28 | Cedar Valley Wine Lovers Club |
| November 12 | Arts Festival at Waterloo Center for the Arts |

December TBD Holiday Open House at the Junior League office to purchase cookbooks for holiday gifts. This Open House will be during Junior League office hours, which will be determined once we hire a new Office Manager.

In addition, for the months of November and December we are offering Holiday pricing on all Junior League cookbooks. Individual books will be available for a special price of \$17.50, and if you purchase six or more books (any combination of Junior League cookbooks), each book is \$15.00. Cookbooks will be available at General Membership Meeting in November and during Junior League office hours throughout the months of November and December. You always can contact Dodie Young for cookbooks as well.

**Junior League of
Waterloo-Cedar Falls**

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Fax: 319-232-0171
E-mail: jlwcf@jlwcf.org
Web Site: www.jlwcf.org

Office Hours

TBD

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Julie Weiland - Asst. Editor

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mcnally@sbtek.net

Dates to

Remember

October

- 2 GMM - 7:00 p.m., Westminster Presbyterian Church, Waterloo
- 30 Board Meeting - 6:00 p.m. League Office

November

- 2 'Twas the Month Before Christmas - 5:00 p.m. Waterloo Center for the Arts
- 6 Sustainer After Hours - 5:30 p.m. Cu Restaurant's Rath Room, Waterloo
- 27 Board Meeting - 6:00 p.m. League Office

**Please send Log Articles
to Angie Fuller at
fullerad@ihs.org**

**Submissions must be
received by the first Friday
of the month.**

Rachel Ford

Seasoned member Rachel Ford first heard about Junior League six years ago from several symphony board and guild members. She had just moved to the Cedar Valley, from outside Ann Arbor, Michigan (Go Blue!).

While having lunch with Mary Ann Burk and Katy Williams, she signed up to receive information about the provisional meeting. Since that day, Rachel has served on the Cookbook, Marketing and League Log committees, co-chaired Style Show, been assistant VP of Marketing and now as VP of Marketing.

"I really enjoy meeting the various ladies involved in Junior League and seeing how committed and dedicated they are to our organization. I think it's great to meet new members each year, too, because it reaffirms how important and vital our group is-I sense that especially at Annual Dinner when I see all the new members go active," says Rachel. She adds, "I stay because I've made great friends in League and enjoy being part of a group that does important work in our community. I think I sound like a broken record when I echo what others have said that 'you get out of it what you put in to it.' "

Rachel is the Executive Director of the Waterloo-Cedar Falls Symphony and has been married to husband, Terry, for nearly four years. They have a 10-month old daughter, Emily. Rachel is involved in the Waterloo Rotary, the Waterloo Municipal Band and the Waterloo Jaycees. Something you may not know about her is she plays the flute in a wood-wind quintet! She loves to read and has been known to play a little poker on the side!

Thank you Rachel for your endless contributions to our League!



The Junior League of Waterloo-Cedar Falls, Iowa, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

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