



March 2011

MISSION

The Junior League of Waterloo-Cedar Falls, Iowa Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

General Membership MEETING

Monday, March 7
Location: Waterloo Schools ESC Boardroom
1516 Washington St.
6:45 p.m. Networking
7:00 p.m. Meeting

Monday, April 4
Location: Waterloo Schools ESC Boardroom
1516 Washington St.
6:45 p.m. Networking
7:00 p.m. Meeting

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A Thank You From An Enabling Grant Winner

During the fall of 2010, 135 8th grade students participated in the Loving Stitches service learning project. In the eighth grade Family and Consumer Sciences course, one unit of instruction teaches students how to operate the sewing machine. The students use their newly learned skills to help others by sewing cheerful pillowcases for children with cancer. Each student is expected to sew one pillowcase. Many students become passionate about the project and are determined to keep sewing and making pillowcases beyond the expectation. One student has made 10 pillowcases by himself during class time and the advisory period.

The generous donation from the Waterloo-Cedar Falls Junior League helped to purchase soft flannel fabric to make the pillowcases that will be donated to an organization called ConnKerr Cancer. The organization distributes pillowcases to children in Iowa hospitals seeking cancer treatments. Waverly-Shell Rock Junior High students have sewn 201 pillowcases during the fall of 2010. Each handcrafted pillowcase is washed, ironed and packaged in a quart size plastic bag ready for distribution.

Thank you for your generous financial support through the Junior League Enabling Funds. The funds were used to purchase fabric for the Loving Stitches Project. Without the support from Junior League, this project would not have been able to happen.

This has been a very rewarding and successful service learning project. The Loving Stitches Project will continue next year with the 8th grade FCS students and will continue to have a positive impact both the recipients of the pillowcases; as well as the middle school students involved. For more information, please contact Kristie Kuhse, W-SR FCS teacher at 352-3632 or kristie.kuhse@wsr.k12.ia.us



President's Message

2010-2011 Leadership Team

EXECUTIVE COMMITTEE

President

Cindy Braatz

President-Elect

Shasta Locke

Executive Secretary

Betsy Ratchford

Treasurer

Kari Jansen

Assistant Treasurer

Melissa Hansen

COMMUNITY IMPACT COUNCIL

Vice-President

Kristi Tibben

FUND DEVELOPMENT COUNCIL

Vice-President

Amanda Kline

MARKETING COUNCIL

Vice-President

April Pudenz

MEMBERSHIP DEVELOPMENT COUNCIL

Vice-President

Lori Price

DIRECTOR-AT-LARGE

Michele Jensen

SUSTAINER REPRESENTATIVE

Raquel Oberheu

PRINTING BY:



Special thank you to Joan Wellman for being the guest columnist for our League Log.

I've known Cindy longer than any of you. That's because I'm her Mother.

She has always been headstrong, a forceful personality to reckon with. To illustrate an example, as a teenager she wore out three dial telephones with her determination to be the correct numbered caller to win the radio station's prize for the day, and she won many of them.

Actually, she still does things like that. You'll have to ask her about these endeavors.

As life progressed, with its ups and downs, she has channeled those skills to become the person you've grown to know and look up to as your President.

Junior League has been a growing experience for her. It has tweaked and polished her leadership skills. More than once she has stepped out of her comfort zone and come away with more confidence and self assurance than ever before.

I wonder where life will take her next? Rest assured, she will be an involved community member and do her best at whatever lies ahead.

I'm so proud of you, Cindy.

Love,
Mom



Cindy's sister Sue, President Cindy Braatz and Cindy's mother Joan on a girls' trip to Monterrey, Mexico.

Executive Slate 2011-2012



Front Row

Betsy Ratchford- Membership Mentor
Shasta Locke-President
Kari Jansen-Director At Large

Back Row

Melissa Hansen- Treasurer
Katy Susong- President Elect
Kristi Tibben- Asst VP Membership
Hillary Annis- Executive Secretary
Sarah Pauls- Membership Mentor
Molly Schmehl - Assistant Treasurer

Membership

2011 Charity Ball “Belle Nuit”

Join us for an evening of first-class dining, dancing to the musical styling of the Cedar Valley Big Band and live and silent auctions featuring: trips to Disney World, designer clothes and accessories, UNI and ISU Football Tickets and so much more!

Charity Ball “Belle Nuit”
Saturday, April 2, 2011
Five Sullivan Brothers Convention Center
200 West 4th St, Waterloo



SCHEDULE OF EVENTS

6:00 P.M..... Social Hour-Silent Auction Begins-Photos
7:00 P.M..... Welcome and Dinner
7:30 P.M..... Live Auction Begins
8:30 P.M..... 50/50 Raffle Drawing
9:00 P.M..... Silent Auction Closes
9-11:00 P.M..... the Cedar Valley Big Band

Tickets are \$70 per person. Proceeds further the mission of Junior League in the Cedar Valley. Seating is available at tables of 8. Dress is black tie optional.

Raffle tickets are still available for the 50/50 raffle!

Tickets are \$20 each or 3 tickets for \$50 dollars. Each ticket enters you in a raffle to win up to \$5,000! You do not need to be present to win. If you're interested in purchasing tickets, please contact Charity Ball committee member Sarah Pauls for tickets at spauls@meandv.com or the Junior League office at 319-232-8687.

Scholarship Available

The Junior League of Waterloo-Cedar Falls is offering two \$750 scholarships to current high school female seniors attending any public or private high school included in the following counties: Black Hawk, Bremer, Buchanan, Benton, Tama, Grundy, Butler and Fayette. Two students who demonstrate the qualities that Junior League values including voluntarism, leadership and academic achievement will be awarded the scholarship and honored at the Junior League Annual Dinner in May.

Applicants must submit two complete sets of application materials which should include the completed application, two letters of recommendation, copies of transcripts, and ACT/SAT scores to the Junior League Office by April 1, 2011. The winners will be notified in April. Application materials can be found at www.jlwcf.org under the Community Section. Please direct any questions to Scholarship Chair, Molly Schmehl at 612-202-3406 or via e-mail at molly_frances@hotmail.com.

Membership

Golden Rose

Each year, Junior League honors an outstanding Sustaining Member who has contributed her time and efforts to improving Junior League and the Cedar Valley with the Golden Rose Award. Nominations for this prestigious award can be submitted by New, Active, and Sustaining Members. Nomination forms will be accepted until Friday, April 1, 2011. The recipient will be announced at the Junior League Annual Dinner on Monday, May 9, 2011.

Selection Guidelines:

- One or two winners may be selected each year.
- Nominees must have been an Active Member of the Junior League of Waterloo-Cedar Falls for a minimum of three years.
- The Golden Rose Award may be received only once.
- There is no limit to the number of times a Sustainer may be nominated.
- Nominations may only come from Sustainers, Actives, or New Members, with no limit to the number of nominations an individual may make.
- The selection committee shall consist of the President-Elect, Vice-President Marketing Development Council, Golden Rose Chair, and Director-at-Large.

Past Golden Rose Award Recipients:

Marlene Behn, Jean Parker, Junean Witham, Jerri Jenner, Mary Ann Burk, Linda Klinger, Mary Ellen Warren, Sally Davis, Ruth Buck, Donna Sheldon, Lorene Rohlf, Gayle Denkinger, Mary Ester Pullen, Jane Christensen, Karol Rae Hoth, Ann Callahan, Kathy Breckunitch, Cathy Young, Vicky Bjortomt, Linda Waldon, Karen Mukai, Terri Jackson, Jean Dobson, Marty Clark and Susie Heaton.

Nominations must include:

- Name of Sustainer nominated.
- Specific reasons why this woman is deserving of the Golden Rose Award.
- List of the nominee's volunteer and leadership roles.
- Your name and phone number.

Golden Rose Nominations:

Nominations may be mailed or emailed by Friday, April 1, 2011 to:

Molly Schmehl
1828 Quail Run Lane
Cedar Falls, IA 50613
Molly_frances@hotmail.com

Enabling Grant Winner

During the third grant cycle in January 2011, The Healthy Cedar Valley Coalition (HCVC) received a \$722.97 Enabling Fund Grant. HCVC is a group of organizations and individuals that came together for the first time in January 2010 to create a healthy Cedar Valley for all to live, grow, and thrive. The grant funds will be used to purchase two child-sized tables and three Bosu Balance Trainers to be used at the educational Children's Booth each Saturday at the Waterloo Public Expo Farmer's Market. The Children's Booth will serve children from 3 to 15 years of age, from 9-11:00 a.m. on each Saturday from May 7 through October 29, 2011. The goals of the Children's Booth are to educate children, as advocates to the family, about 1) gardening and growing plants; 2) recycling, reusing, and repurposing; 3) health wellness, and physical activity; 4) safe food preservation and preparation; and 5) sustainability (sustaining what we need to live).

Application deadlines for the fourth 2010-2011 Enabling Fund grant cycle is March 14, 2011. Applications are available on the Junior League website, www.jlwcf.org. Please contact Laura Lockert at lklock@cfu.net for more information.

Sponsors

Junior League Sponsors 2010-2011

We kindly thank these sponsors for their continued support in making the Cedar Valley a better place!

Sponsor List current as of February 10, 2011

Director (\$3,000+)

Dr. Ross Christensen

Developer (\$1,500-\$2,999)

The Locke Family
POS

Leader (\$750-\$1,499)

Mark & Marty Clark
Matthew & Julie Gardner, Bergen Plumbing Heating & Cooling
Steve & Teri Jackson, Cedar Valley Corporation

Mentor (\$400-\$749)

Allegiant
Cindy & Charlie Braatz
Disney/ABC/ESPN

Volunteer (\$100-\$399)

Ann Enderlein
Anne Hennessey
Autumn Hurley
Benton's Ready Mixed Concrete
Black Hawk Hotel
Cathy Gallagher
Cheryl Galehouse
Deb Young
Donna Brown
Donna Harman
Fereday Heating Co.

Volunteer (\$100-\$399)

George & Mary Warren
Grand Harbor Resort
Iowa State Athletics
Jackie Malecek
Jim & Ardy Rydell
Lee & Barbara Miller
Magee Construction Company
Marcella & Roger Olesen
Margaret Langlas
Mr. Nick, magician
Nancy Shirey
Patrick & Mary Ann Moore
Richard Hovey Brom
Schmitt Telecom Partners
Sinnott Agency
Susan Loveall
Technology Staff Development
The VGM Group
Wayne & Glynis Worthington

Friend (up to \$99)

Anderson Enterprises
Betty Dalton
Jane Gerard
Liz Conklin
Mark & Kathy Schreiner
Scheel's
Trinity Episcopal Parish

Frequent Flier Miles!



Looking for a unique way to donate to Junior League? Several times each year we send our emerging leaders to training events throughout the US. These days the cost of the airline ticket is sometimes the deciding factor in if we can afford to send someone to a conference. Did you know that you can donate Frequent Flier miles on a variety of airlines? Junior League would be happy to accept a donation of airline miles to further the leadership training opportunities. If you are interested in donating miles, please contact the League office and we will contact you when we are preparing for the next conference.

Sustainer Spotlight—Meet Nancy Berg

The year Nancy moved to Waterloo, her mother died. Her next-door neighbor, the “amazing Helen Zellhoefer” (a past-president of JL), declared that like-it-or-not, she was adopting Nancy and sponsoring her for Junior League. Helen said Nancy would get to meet lots of nice women her age. Nancy said, “It was the nicest gift anyone could have given.” After her provisional retreat, Nancy remembered feeling “at home” for the first time since she had moved to Iowa. She loved the provisional experiences (“Know Your Community” especially) and the opportunity to be with 31 other eager community volunteers. She loved the years she was on the provisional committee, and charity ball was great fun because “Marty Clark was the chairperson.” Later she was nominating chair and she said she probably considers that her favorite committee because it was small (only six people) and intense; she remembers one “horrible, snowy, freezing, ugly night” when the committee met in their pajamas and worked until midnight. By the end of the meeting they had their slate—and five cars buried in drifts. “Pushing cars in our jammies was an appropriate end to the year—difficult, fun, and JL “cooperative.”” She noted that the Follies years were wonderful too; she served as program chair for three of them. “There were a few of us who actually *enjoyed* selling ads!; my 27 years experience as English teacher/yearbook adviser at West High gave me a good background for working with layout, design, editing, and publications in general.” She said she loved the dancing too and that the rehearsals were among her happiest in League. She noted that the friends that she and her husband Tom made through those “seasons” were terrific. “Helen was so right, and I continue to be grateful to her for Junior League as well as for hundreds of other kindnesses.”

Nancy said that League was a huge part of her life for 12 years, and she feels fortunate to have found other wonderful opportunities in our community as well. She belongs to a book club that started in 1982 as an offshoot of a JL group; there were originally a dozen members and after all these years of various changes and several deaths, six still remain (Marty Clark, Mary Warren, Kae Lind, Cindy Richards and Carol Pierce). She belongs to four book clubs now and loves every one of them, especially her neighborhood group that consists of lots of younger members (including some of her former students). She stated, “It’s good to hang out with the future!” She also does some quilting and was honored to “win” both first and second place in a recent Art Quilters of SW Florida show. She and her husband spend half of the year in Fort Myers in a golf-course community, so she said she is “trying to become athletic for the first time in my life.” They spend about half of the summer at their lake house near Hayward, Wisconsin. Every summer their entire family gets together at the lake: their son John, his wife Nancy (Pugh), and their children Kyra 12, Will 9, and Luke 5 from Des Moines; their son Geoff, his wife Stephanie, and their children Max and Henry, both almost 5, from Columbia, SC; and Tom’s sister and her family from Virginia. This year they also felt fortunate to spend Christmas together in Florida.

When Nancy retired in 2003 she began volunteering with Hospice (first in Waterloo, later in Florida) and continued to do so until this year. Now she is volunteering at the local elementary school to help first graders with reading. She always thought high school kids were way more fun to teach than the little guys, but she admitted that she can’t wait to get to school on Fridays and see what “totally unscripted” excitement awaits.

“Tom and I are so very fortunate to have so many blessings, of which Junior League is but one. Thank you to all members, past and present, who do so much to make our community a wonderful place to call Home.”

Nancy Berg (Class of '76)



JLWCF Announcements

Happy Birthday!

March Birthdays

Shasta Locke	3/1
Sarah Pauls	3/5
Molly Schmehl	3/17
Cindy Braatz	3/18



Junior League Blog

Check out the new Junior League Blog at
<http://jlwcf.blogspot.com/>

Check back regularly for new blog entries
or subscribe to our blog by entering your email address
and be notified by email when a new post is available.

Membership

47 Active Members
2 Non-resident Active Members
0 Leave of Absence
14 New Members

63 Total Members

230 Sustainers
26 Emeritus

256 Total Sustainer Members

Meetings



Board Council Meeting



General Membership Meeting

Change of Address

Danielle Stiegemeier (A)
415 W Dunkerton Road
Cedar Falls, IA 50613

Melinda Boege (A)
6252 Buckskin Drive
Bettendorf, IA 52722

Kathy Breckunitch (S)
3863 Trent Lane
Waterloo, IA 50701

Have a name, address, phone, or
e-mail change? Know of marriages,
births, deaths, job or
volunteer accomplishments?
Contact

Assistant VP of Membership

Christa Mieke

Phone: (319) 961-1960
Email: christa.mieke@vgm.com

Have a question, comment,
suggestion, or concern regarding
League?

If so, the **Director-at-Large** is your
connection to the Board.

Michele Jensen

Phone: (319) 269-2958
Email: mjensen@meandv.com

Need to miss a General
Membership Meeting?
Don't forget to contact the
Executive Secretary

Betsy Ratchford

Email: Betsy.ratchford@uni.edu

**Junior League of
Waterloo-Cedar Falls**
Phone: 319-232-8687
Fax: 319-232-0171
E-mail: jlwcf@jlwcf.org
Website: <http://www.jlwcf.org>

Office Hours
Monday and Friday
8:30 a.m. - 1:30 p.m.

Office Manager
Harriet Quick

Junior League President
Cindy Braatz
Phone: (319) 240-5992
E-mail: shebraatz@mchsi.com

**Dates To
REMEMBER**

**March
7 GMM
Waterloo Schools
ESC Board Room**

**March
28 Board Meeting
Junior League Office**

**April
2 Charity Ball
Five Sullivan Brothers
Convention Center
Waterloo**

**April
4 GMM
Waterloo Schools
ESC Board Room**

**April
25 New/Old Board
Meeting
Junior League Office**

**Please send Log articles
to Mandy Gesme at
amandagesme@yahoo.com**

**Submissions must be
received by the 10th of
the month.**

Meet Kristin Kline

Kristin Kline has been an active member of League since 2008. She has been on the Fall Fundraiser committee and currently is the New Member Co-Chair.

Kristin has known about League her whole life as her mother, Cindy Kline was a League member. Cindy is currently a Sustainer member.

Kristin was reintroduced to League in 2007 through her coworker Michele Jensen who was the New Member Co-Chair at the time. League interested Kristin because growing up she saw how much her Mother enjoyed being involved and how it kept her active in the community. She also saw how many friends her mother met in League. Kristin stated, "Growing up in the Waterloo area, I think you can kind of get in a rut... not meeting new people, so I was excited to join an organization that would expand my horizons." Kristin was also motivated to join because of the community involvement aspect of League. She feels that League is "a great way to really see where there is a need in the community for funds and voluntarism..." and she enjoys giving back.

Kristin also enjoys meeting the new women and the different community impact opportunities and she has really enjoyed being a New Member Co-Chair, because she got to know all of the New Members.

Kristin works at ME&V as a Web Producer. In addition to Junior League, Kristin is involved with the Cedar Valley United Way, Co-Chairs the Cedar Valley Chase, volunteers at Aspire Therapeutic Riding and is the marketing chair for the Greater Cedar Valley Chamber of Commerce's Wing Ding event.

Kristin and her Cavalier King Charles pup Henry live in Waterloo. Kristin enjoys spending time with her parents, brothers and nephews, as they all live in town. Kristin's sister-in-law Amanda Kline is also in League. In her free time, Kristin enjoys reading, is a big TV and movie buff, enjoys hanging out with her family (extended as she is single) and friends, reading and traveling. Kristin also enjoys running and will be running the RAGNAR relay race from Madison, WI to Chicago, IL (fellow League member Denise Smith is on her team) and her first 1/2 marathon this year.



Kristin Kline and Henry



JUNIOR LEAGUE OF WATERLOO-CEDAR FALLS

Women building better communities

**P.O. Box 568
Waterloo, IA 50704**

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